

NOVEMBER 2018 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Pancakes w/syrup Peaches Milk	6 Whole Wheat English Muffin Applesauce Milk	7 Cereal Banana Milk	8 Whole Wheat Toast w/ cheese slice Orange Juice Milk	9 French Toast stix Banana Milk
12 Whole Wheat Waffles w/syrup Applesauce Milk	13 Whole Wheat Bagel w/cream cheese Orange Milk	14 Oatmeal Raisins Milk	15 Whole Wheat English Muffin Banana Milk	16 Pancakes w/syrup Peaches Milk
19 Whole Wheat Toast w/cinnamon Apple Milk	20 Whole Wheat English Muffin Orange Milk	21 Whole Wheat Bagel w/cream cheese Raisins Milk	CLOSED	CLOSED
26 Pancakes w/syrup Peaches Milk	27 Whole Wheat Toast w/cinnamon Apple Milk	28 Whole Wheat English Banana Milk	29 Raisin Toast Banana Milk	30 Whole Wheat Bagel w/cream cheese Orange Milk

NOVEMBER 2018 Lunch Menu *Harvest of the Month (HOM): PEPPERS*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Hot Dogs on a bun Carrot sticks Strawberries	6 Egg Bake with Ham & Cheese Peppers (HOM) Mini Bagel & Melon	7 Spaghetti w/meat sauce Vegetable Medley Peaches	8 Chicken patty on bun Corn Mixed berries	9 Ham & Cheese rollup Sliced Cucumber Watermelon
12 Sloppy Joe's Peas Apple Slices	13 Tuna Melt on whole grain rounds Celery stix Grapes	14 Meatballs with gravy over Quinoa Mixed Vegetables Fruit Cocktail	15 Tomato Soup Saltines Banana Bell Peppers (HOM)	16 Egg Salad on Wheat on wheat Sugar Snap peas Cantaloupe
19 Pepperoni & Cheese Pizza Bread Lettuce Salad Apple Slices	20 Meatloaf & Gravy Balsamic Peppers (HOM) Oranges Wild Rice	21 FEAST DAY Turkey & Gravy Mashed Potatoes Corn Cranberries & Dinner Roll	CLOSED Banana Bread Cottage Cheese Fruit cocktail Celery/cucumber	CLOSED Salami & Cheese on multi grain sand thins Pickles Strawberries
26 Loaded baked potato	27 Turkey & Gravy	28 Mac & Cheese	29 Chicken Alfredo	30 Chicken Salad on Wheat

Ham & Cheese Mandarins Bread Sticks	Roasted Potato w/ Peppers (HOM) Dinner Roll & Cranberries	Baked Beans Carrot sticks Grapes	w/mushrooms Broccoli Pears	Cantaloupe Celery

All lunches served with 1% milk

NOVEMBER 2018 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 String Cheese Milk	6 Apple Sauce Milk	7 Raisins or Craisins Milk	8 Plain Rice Cake with Sun Butter	9 Plain or Multi Grain Cheerios w/ Milk
Carrots & Celery w/hummus Milk	Orange Slices Milk	Cottage Cheese Juice	Cantaloupe Milk	WholeWheat Cracker w/ Guacamole Milk
12 Apple sauce Milk	13 Raisins or Craisins Milk	14 Plain Rice Cake with Sun Butter Water	15 Plain or Multi Grain Cheerios w/milk Water	16 Raisins or Craisins Milk
Sugar Snap Peas & Carrots w/hummus	Kiwi Milk	Grapes Milk	Whole Wheat Cracker w/ cheese Slice Water	Yogurt Juice
19 String Cheese Juice	20 Plain Rice Cake with Sun Butter Water	21 Plain or Multi Grain Cheerios w/milk Water	CLOSED	CLOSED
Broccoli & Carrots w/ hummus Milk	Pear Slices Milk	Rice Cracker w/Guacamole Milk	Bell Peppers & Sugar Snap Peas	Hard boiled egg Milk
22 Rice Cake with Sun Butter Milk	23 Plain or Multi Grain Cheerios w/Milk Water	24 Raisins or Craisins Milk	25 Apple sauce w/cinnamon Milk	26 String Cheese Juice
Yogurt Juice	Mango Milk	Cuties Milk	Cucumber & Celery w/hummus Milk	Kiwi Milk

