

**MARCH 2019 Breakfast Menu-Served with Milk**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Pancakes w/syrup Peaches Milk	5 Whole Wheat English Muffin Applesauce Milk	6 Cereal Banana Milk	7 Whole Wheat Toast w/ cheese slice Orange Juice Milk	8 French Toast stix Banana Milk
11 Whole Wheat Waffles w/syrup Applesauce Milk	12 Whole Wheat Bagel w/cream cheese Orange Milk	13 Oatmeal Raisins Milk	14 Whole Wheat English Muffin Banana Milk	15 Pancakes w/syrup Peaches Milk
18 Whole Wheat Toast w/cinnamon Apple Milk	19 Whole Wheat English Muffin Orange Milk	20 Whole Wheat Bagel w/cream cheese Raisins Milk	21 Whole Wheat Waffles w/syrup Applesauce Milk	22 Cereal Raisins Milk
25 Pancakes w/syrup Peaches Milk	26 Whole Wheat Toast w/cinnamon Apple Milk	27 Whole Wheat English Banana Milk	28 Raisin Toast Banana Milk	29 Whole Wheat Bagel w/cream cheese Orange Milk

**MARCH 2019 Lunch Menu**  
**Harvest of the Month (HOM):TURNIP**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Hot Dogs on a bun Steakhouse Fries Strawberries	5 Chicken Alfredo Turnip Greens (HOM) Apples	6 Spaghetti w/meat sauce Spinach salad with egg & cheese Peaches	7 Chicken patty on bun Broccoli Mixed berries	8 Ham & Cheese rollup Sliced Cucumber Watermelon
11 Sloppy Joe's Corn Apple Slices	12 Tomato Soup Grilled Cheese Banana Sweet Bell Peppers	13 Roast Beef with gravey on a bun sweet potato fries Fruit Cocktail	14 Meatloaf Roasted Potatos Oranges dinner roll	15 Turkey & Cheese on wheat Sugar Snap Peas Cantaloupe
18 Peperoni & Cheese Pizza Bread Lettuce Salad Apple Slices	19 Bean & Cheese Taco Lettuce & Tomato Pineapple	20 Fish nuggets Cabbage slaw Applesauce Rye Bread	21 Banana Bread Cottage Cheese Fruit cocktail Celery/cucumber	22 Salami & Cheese on multi grain sand thins Pickles Strawberries
25 Loaded baked potato Ham & Cheese Mandarins Bread Sticks	26 Scrambled eggs Roasted Turnips (HOM) Red Grapes Mini Bagel	27 Mac & Cheese Baked Beans Carrot sticks Grapes	28 Turkey & Rice Casserole Green Beans Pear Slices	29 Roast beef on wheat with Cheese Cantalope Raw Caulifflauer

All lunches served with 1% milk

### MARCH 2019 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
String Cheese Milk	Apple Sauce Milk	Raisins or Craisins Milk	Plain Rice Cake with Sun Butter Juice	Plain or Multi Grain Cheerios w/ Milk
Carrots & Celery w/hummus Milk	Orange Slices Milk	Cottage Cheese Juice	Cantaloupe Milk	WholeWheat Cracker w/ Guacamole Milk
11	12	13	14	15
Apple sauce Milk	Raisins or Craisins Milk	Plain Rice Cake with Sun Butter Water	Plain or Multi Grain Cheerios w/milk Water	Raisins or Craisins Milk
Sugar Snap Peas & Carrots w/hummus Milk	Kiwi Milk	Grapes Milk	Whole Wheat Cracker w/ cheese Slice Water	Yogurt Juice
18	19	20	21	22
String Cheese Juice	Plain Rice Cake with Sun Butter Water	Plain or Multi Grain Cheerios w/milk Water	Raisins or Craisins Milk	Apple sauce Milk
Broccoli & Carrots w/ hummus Milk	Pear Slices Milk	Rice Cracker w/Guacamole Milk	Bell Peppers & Sugar Snap Peas Milk	Hard boiled egg Milk
25	26	27	28	29
Rice Cake with Sun Butter Milk	Plain or Multi Grain Cheerios w/Milk Water	Raisins or Craisins Milk	Apple sauce w/cinnamon Milk	String Cheese Juice
Yogurt Juice	Mango Milk	Cuties Milk	Cucumber & Celery w/hummus Milk	Kiwi Milk