

FEBRUARY 2019 Breakfast Menu-Served with Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Pancakes w/syrup Peaches Milk	5 Whole Wheat English Muffin Applesauce Milk	6 Cereal Banana Milk	7 Whole Wheat Toast w/ cheese slice Orange Juice Milk	8 French Toast stix Banana Milk
11 Whole Wheat Waffles w/syrup Applesauce Milk	12 Whole Wheat Bagel w/cream cheese Orange Milk	13 Oatmeal Raisins Milk	14 Whole Wheat English Muffin Banana Milk	15 Pancakes w/syrup Peaches Milk
18 Whole Wheat Toast w/cinnamon Apple Milk	19 Whole Wheat English Muffin Orange Milk	20 Whole Wheat Bagel w/cream cheese Raisins Milk	21 Whole Wheat Waffles w/syrup Applesauce Milk	22 Cereal Raisins Milk
25 Pancakes w/syrup Peaches Milk	26 Whole Wheat Toast w/cinnamon Apple Milk	27 Whole Wheat English Muffin Banana Milk	28 Raisin Toast Banana Milk	1 Whole Wheat Bagel w/cream cheese Orange Milk

FEBRUARY 2019 Lunch Menu
Harvest of the Month (HOM): Sweet Potato

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken nuggets Vegetable Medley Sliced Apples Wheat bread	5 Tuna Melt Lettuce Tomato Salad Apple Slices	6 Spaghetti w/meat sauce Lettuce Salad Peaches	7 Hot Dogs on a bun Sweet Potato Fries (HOM) Fruit Cocktail	8 Ham & Cheese rollup Sliced Cucumber Watermelon
11 Pepperoni & Cheese Pizza Bread Lettuce Salad w/ranch	12 Sweet Potato (HOM) and Ham Hash Scrambled Eggs Bagel & Pear slice	13 Meatball sandwich Green Beans Oranges	14 Beef & Bean Chili Oyster Crackers Apple Slices	15 Turkey & Cheese on wheat Sugar Snap Peas Cantaloupe
18 Cheesy Italian Bake Spinach salad with egg & cheese Pineapple	19 Blueberry muffin Cottage Cheese Fruit cocktail Celery/cucumber	20 Baked Fish Cabbage slaw Applesauce Rye Bread	21 Chicken Ranch Wrap with lettuce & cheese Banana Carrot sticks	22 Salami & Cheese on multi grain sand thins Pickles Strawberries
25	26	27	28	1

Loaded baked potato Ham & Cheese Mandarins Bread Sticks	Sweet Potato Soup (HOM) Oyster Crachers Apple Slices String Cheese	Breakfast sausage sandwich Apple slice Broccoli	Hamburger Casserole Zucchini & Yellow Squash Pear Slices	Chicken Salad on wheat Raw Broc & Caul Blueberries

All lunches served with 1% milk

FEBRUARY 2019 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 String Cheese Milk	5 Apple Sauce Milk	6 Raisins or Craisins Milk	7 Plain Rice Cake with Sun Butter	8 Plain or Multi Grain Cheerios w/ Milk
Carrots & Celery w/hummus Milk	Orange Slices Milk	Cottage Cheese Juice	Cantaloupe Milk	WholeWheat Cracker w/ Guacamole Milk
11 Apple sauce Milk	12 Raisins or Craisins Milk	13 Plain Rice Cake with Sun Butter Water	14 Plain or Multi Grain Cheerios w/milk Water	15 Raisins or Craisins Milk
Sugar Snap Peas & Carrots w/hummus	Kiwi Milk	Grapes Milk	Whole Wheat Cracker w/ cheese Slice Water	Yogurt Juice
18 String Cheese Juice	19 Plain Rice Cake with Sun Butter Water	20 Plain or Multi Grain Cheerios w/milk Water	21 Raisins or Craisins Milk	22 Apple sauce Milk
Broccoli & Carrots w/ hummus Milk	Pear Slices Milk	Rice Cracker w/Guacamole Milk	Bell Peppers & Sugar Snap Peas	Hard boiled egg Milk
25 Rice Cake with Sun Butter Milk	26 Plain or Multi Grain Cheerios w/Milk Water	27 Raisins or Craisins Milk	28 Apple sauce w/cinnamon Milk	1 String Cheese Juice
Yogurt Juice	Mango Milk	Cuties Milk	Cucumber & Celery w/hummus Milk	Kiwi Milk